

## **Snack: Kix Covered Tofu**

**Submitted by: Skylar M.**

I myself, am not one for tofu, but my son loved it!

Extra firm tofu cut into bite size pieces

Kix or Gorilla Munch cereal

In a zip lock baggie, smash up Kix or (gorilla munch). My son liked it a little crunchier so I left some bigger pieces of Kix. You can smash it to pretty fine if your little one doesn't like the extra crunch.

Once smashed up, throw tofu into bag and toss until coated! I would pack both things separately (for play dates, park outings, etc) and throw them together when he was ready to eat since it doesn't travel great all mixed up!

He loved it and would eat tons of it. A GOOD, HEALTHY snack!